23 North Center
Barnes, Kansas
www.Our-DailyBread.com
or www.barnesks.net

Give us this day

OUR DAILY BREAD

BAKE SHOPPE & BISTRO

"I am that Bread of Life"…John 6:48

785-763-4269
1-866-50 – BREAD
e-mail: ourdailybread@barnesks.net
Open Mon-Sat 8:30am-4pm
Lunch served 11am-2:30pm

We welcome our guests to take advantage of our Handicap Entrance and Beautiful Deck Area which is located at the rear of the building just off the I.O.O.F. Park

June 2009

We bring you wonderful taste as well as the feeling of home, of times gone by, of good quality, of healthy food and warm hearts.

Blessed is the man who fears the Lord, who finds great delight in his commands….Even in darkness light dawns for the upright, for the gracious and compassionate and righteous man….Surely he will never be shaken….He will have on fear of bad news: his heart is steadfast, trusting in the Lord….Psalm 112 1-7

Blessings….. I use that word a lot! It says many things to me and it is intended to pass those feeling on to others. Lest you begin to see me as someone who is reveling in all the events and circumstances in my life that has made me unbelievebly happy, successful, and without a care in the world…I would like to share with you just one of the life changing events in my life, and I pray that it blesses you!

This June, Ernie and I are celebrating the third anniversary of the devistating news from the doctor at KU Med Center that I could expect to live two more years. In the spring of 2006, I had just turned 49 and having hardly ever been sick…I was having trouble shaking the "Crud" as I called it. My breathing became increasingly difficult and although I consulted specialists…the answers weren't as simple as take a pill and call me in the morning. I was suffering from a very rare autoimmune disease called C.R.E.S.T. that affects one in 3 million people, and it had caused me to develop Pulmonary Hypertension (which effects 1 in a million people). One June 23, 2006 a whirlwind hit Ernie & I when I was taken by ambulance to the KU Med Center in heart failure and I watched out the back window of the ambulance, in a morphine induced calmness as Ernie, in our little green jeep went as fast as it could go trying to keep up with the ambulance. The following days were a fog of extensive tests and surgical procedures as the teams of doctors confirmed and elimated ideas on my diagnosis. As the diagnosis was established we went back and forth with our emotions like a roller coaster. Thankful that I was not going to require a valve replacement, but then starting to realize how sick I was. There was a constant stream of fellows and interns that came through my room. They would apologize for disturbing us, but they wanted the chance to see firsthand this rare bird that I began to understand that I was. The final blow was the news from my PH doctor late one night, that set us back on our heels. The life expectancy for me was two years… I can't even put into words what that night was like for us. I can tell you that it was a long one…and a sleepless one….and that two people can fit in the same bed at the KU Med Center. As has been our custom, we prayed together…and with the sun that greeted us that next morning came the blessing…a renewed faith not in the medical knowledge, or the miracle of drugs, but in the good and gracious Lord God who had carried us day by day, though all the trials that we had seen in our lives. We had never lived our lives in despair of what could or had happened to us, but in faith that He could take the garbage of our lives, and make of it a fine crystal.

You see I am a pesimistic optimist! I believe that things will go wrong, sometimes enough to take our breathe away…but only He can turn that around for good..and He loves to do it…cause that….IS WHO HE IS!

So who am I to complain that He has chosen to use me in such a way? I have learned a lot about chronic disease. I have amazed my doctors with my attitude and my progress. I don't believe that this thorn will be taken from me…but my pharacist says he doesn't know anyone who has this much wrong with them, and looks this good! I rejoice in my recovery, but my family has been blessed as much by the realization that any one of us may be gone in the blink of an eye, as much as by my recovery. I truth we all carry within us memories of those who touched our lives, and then all too soon flew away. And here we are…given just a little more time to pass those blessing on! I hope and pray that you are making the most of your days…

…… *Blessings!* Cindy+

..One of the Ladies of Our Daily Bread

Our June Events…..

June 13: Our Daily Bread
Tropical Nights Special Events Dinner

June 28: Music in the Park
I.O.O.F. Park at 7pm

Look for us on Facebook!

Our Daily Bread now has a Facebook Page. Check us out…become a fan…leave us a note.. locate articles written about us…. Keep track of Special Events..

Click on the link below:

http://www.facebook.com/home.php#/pages/Barnes-KS/Our-Daily-Bread-Bake-Shoppe-Bistro/55663337071?ref=ts

Do you want to cook… like Connie?

All cooks have their secrets and the freshness and flavor of Frontier Spices is one of Connie's!

The fresh, robust flavor of frontier all-natural spices makes a difference you can taste, and feel good about. They are a necessary ingredient in any cooks kitchen, and "Our Daily Bread" is now carrying all of your favorites. Stop by and try some in your family's kitchen, or they make a wonderful gift!

MUSIC IN THE PARK
In the Historic I.O.O.F. Park in Barnes Kansas

Bring your lawn chair and come and enjoy music and meeting old friends and new! Local talent will be singing and also some talent from surrounding counties. Chepstow will be singing some songs written specially about local characters along with some of their original old and new songs.

Enjoy Historic Barnes…

Barnes has three antique shops that are open for your enjoyment. You can enjoy your meal, and enjoy browsing through the unique shops,around the park and fountain in our historic little town.
While in Barnes enjoying staying at one of the several Bed & Breakfasts.
You can visit Barnes on the web at www.barnesks.net.
Or call 888-511-4569 for more info.
There is also a DVD available called "Barnes, Kansas A historical Pictoral Story of a Small Town in Kansas.'

Our Daily Bread is a Bake Shoppe, which also serves lunch. Our fresh baked goods, pies and entrees are served daily but are also available for your family. Because they are made fresh for you – order ahead so that we can work your order into our schedule.
"The Garden Room" is available for Groups wishing to arrange an evening event by contacting our Events Coordinator, Kate Olson either by calling the Bake Shoppe at 1-866-50-BREAD or by emailing her at kolson@bluevalley.net

I DON'T USE INTERNET….Please send me the monthly newsletter by mail… my $12 is enclosed. Mail to: Our Daily Bread, 23 N Center St. Barnes, KS 66933

Name_____

Address_____

City_____State_____Zip_____

Birthday_____